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Hello,

My name is Marilyn Leek, and I started [Chesapeake Transitions](#) to ease the relocation process for seniors. I aim to provide them with peace of mind during what can be a very stressful time. I am a member of the National Association of Senior Move Managers (NASMM) and Certified Relocation Transition Specialists (CRTS). Having handled many successful moves for seniors- everything from minimalists to hoarders- no job is too big or too small.



I am a hands-on company owner, and I take personal interest in every one of my clients. My goal is to ensure that their move (or re-organisation to age-in-place) is as calm, organized, and as painless as possible. I care deeply for each client, and am always available to discuss any questions or concerns that they or their family might have.

What exactly is a Senior Move Manager?

A Senior Move Manager is a professional who assists older adults and their families with relocation or “aging in place.” Senior Move Managers have a profound commitment to connecting with older adults and a desire to perform meaningful work.

Although specific services vary, Senior Move Managers help with some or all of the following:

- Developing an overall move or “age in place” plan.
- Organizing, sorting, and downsizing.
- Prepare customized floor plans for new or existing residences.
- Arranging for the profitable disposal of unwanted/unnecessary items through auction, estate sale, buyout, consignment, or a combination thereof.
- Interviewing, scheduling, and overseeing movers.
- Arranging shipments and storage.
- Supervising professional packing.
- Unpacking and setting up the new home.
- Related services, including: Cleaning, waste removal, shopping, assisting with realtor selection, home improvement contracting, and house staging.

Chesapeake Transitions can provide these services directly, or function in an oversight or managing role. We have practical knowledge about the costs, quality, and availability of various vendors and community services.

We frequently assist individuals who choose to stay in their own home, but require expert organizational skills and solid knowledge of “aging in place” concepts to help them improve their quality of life.

Who uses Senior Move Managers?

Most older adults transitioning have not moved in many years, and have the stuff to prove it! Moving is tough at any age, but older clients in particular may be unable to deal with both the mental and physical tasks necessary for a successful and low-stress move. Family members cannot always be counted on for help, as many have career or other family obligations to deal with, or the distance between children and their elderly parents may simply be too large for practical help.

Since Senior Move Managers have a wide variety of skills necessary to move, prepare, and sell a house, their skills are used by many:

- Family members
- Realtors
- Senior living communities/assisted living centers
- Staging professionals
- Social service/social workers
- Attorneys
- Geriatric care providers
- Physicians/health providers
- Bank and trust officers.

So what are the real benefits of using Chesapeake Transitions?

- We have significant expertise, resources, and skills that save money and time, reduce stress, and produce quality results.
- Services are client-oriented and personalized to meet the client's needs and preferences.
- **Chesapeake Transitions** was reviewed for insurance and experience requirements prior to being accepted into NASMM.
- Ongoing education programs reflect the commitment of **Chesapeake Transitions** to professionalism in working with older adults.
- NASMM has developed a code of ethics and standards of practice that all the employees of **Chesapeake Transitions** hold in the highest regard.

Our Services

Prepare and Plan

- Sorting and decision-making: what to keep, what to sell, and what to donate
- Pre-Move checklist
- Determine resources needed and coordinate with service providers of the client's choice
- Packing items the client wants for their new location

House Closure

- Cleaning
- Home Improvement contracting
- Real Estate connections

Moving Day

- Last-minute packing
- Personal client care

- Oversee moving company of the client's choice

Unpack

- Arrange furniture
- Unpack and remove boxes
- Set up kitchen, bath, bedroom, and whatever else the client wishes
- Stock closets and cabinets
- Connect electronics
- Hang pictures/artwork
- Finishing touches

With that in mind, please feel free to contact me at any time.

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